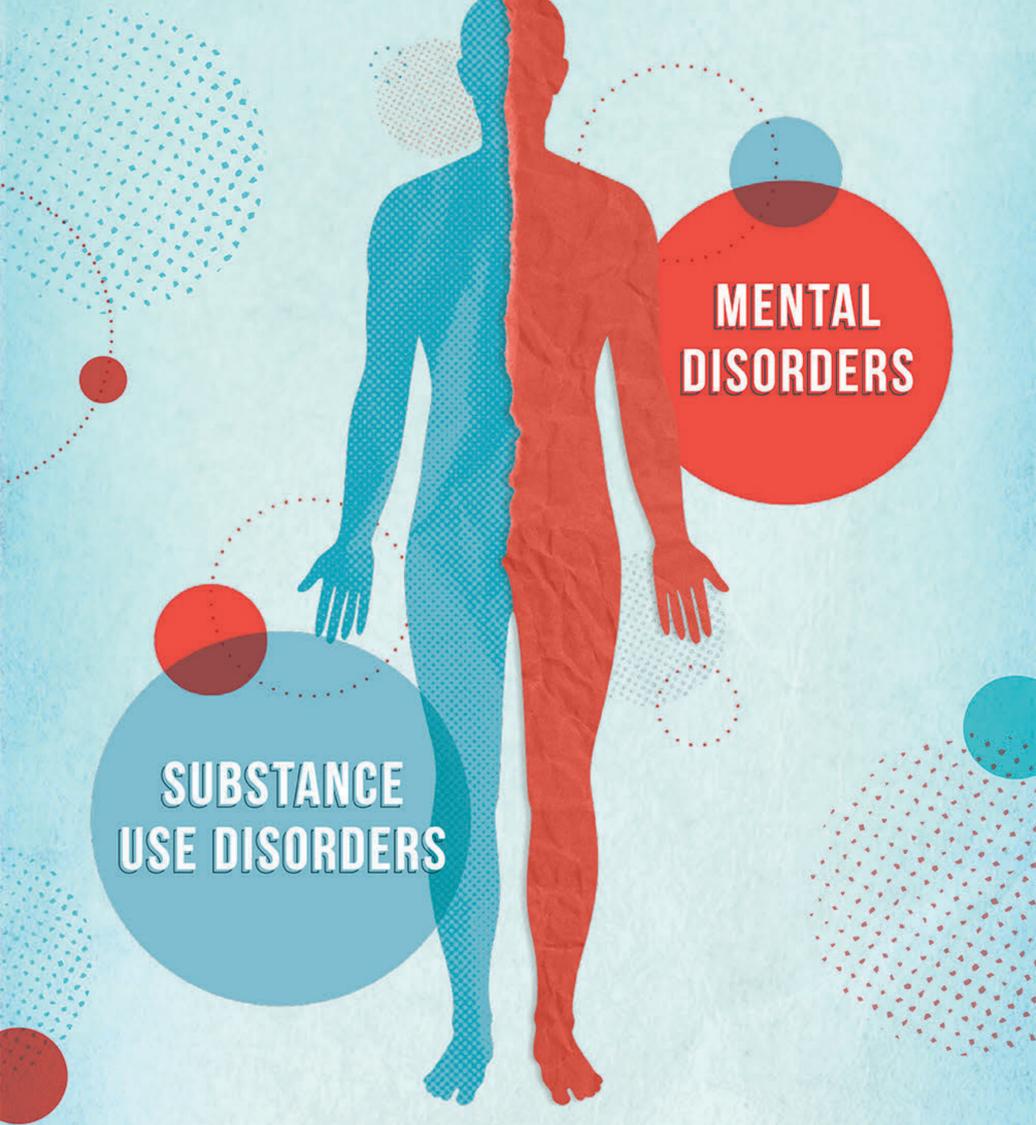


COMORBIDITY

Substance Use and Other Mental Disorders



**SUBSTANCE
USE DISORDERS**

**MENTAL
DISORDERS**

COMORBIDITY:

When a person has two or more disorders at the same time or one after the other. This occurs frequently with substance use and mental disorders. Comorbidity also means that interactions between these two disorders can worsen the course of both.

Source: Han B, Compton WM, Blanco C, Colpe LJ. Prevalence, Treatment, and Unmet Treatment Needs of US Adults with Mental Health and Substance Use Disorders. *Health Aff Proj Hope*. 2017;36(10):1739-1747. doi:10.1377/hlthaff.2017.0584

WHO IS AFFECTED?

**7.7
MILLION**

Adults have co-occurring mental and substance use disorders. This doesn't mean that one caused the other and it can be difficult to determine which came first.

Of the 20.3 million adults with **substance use disorders**,

37.9%

also had **mental illnesses**.



Among the 42.1 million adults with **mental illness**,

18.2%

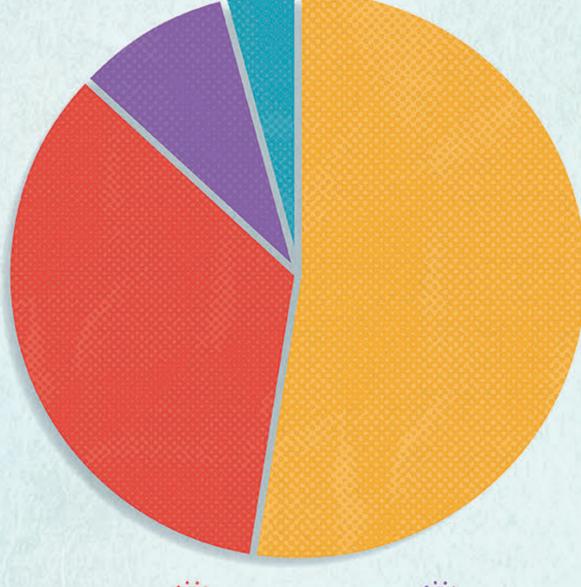
also had **substance use disorders**.



WHO GETS TREATMENT?

There are many effective treatments for both mental and substance use disorders. A comprehensive treatment approach will address both disorders at the same time.

**Not everyone with co-occurring conditions
Gets the treatment they need.**



52.5%

received neither mental health care nor substance use treatment

34.5%

received mental health care only

9.1%

received both mental health care and substance use treatment

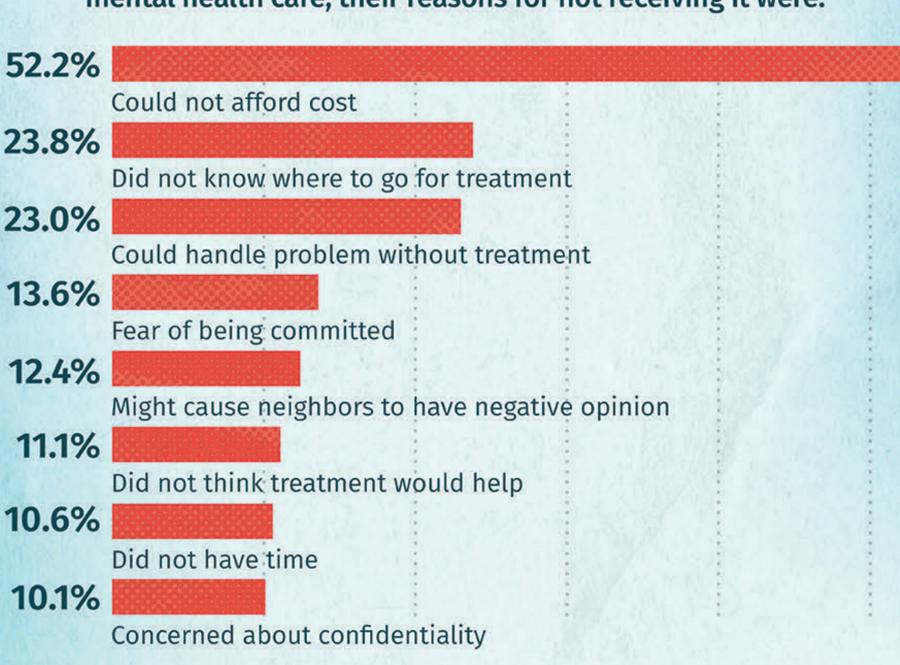
3.9%

received substance use treatment only

WHAT ARE THE BARRIERS TO GETTING TREATMENT?

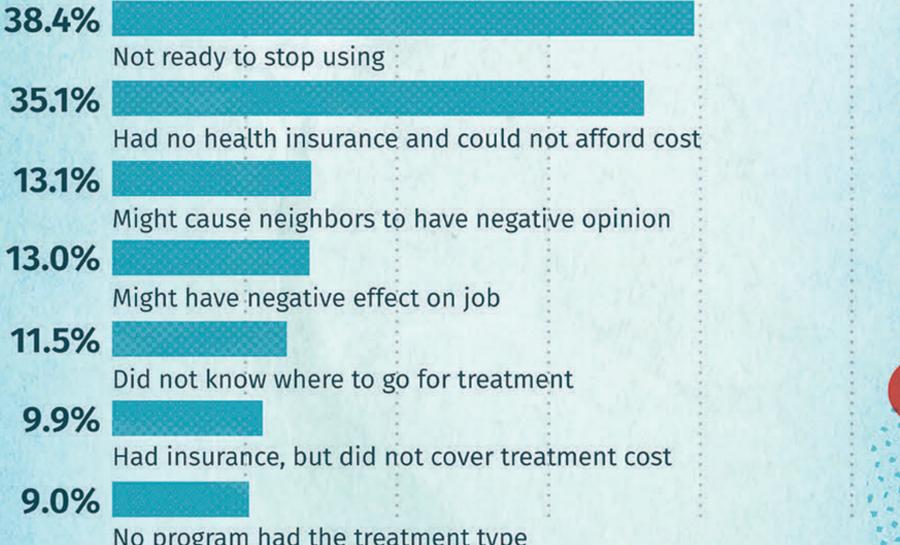
**Even among people who want to find
Help, barriers exist to receive it.**

Among adults with co-occurring disorders who did not receive mental health care, their reasons for not receiving it were:



Annual average weighted percentage

Among adults with co-occurring disorders who did not receive substance use care, their reasons for not receiving it were:



Annual average weighted percentage

Please note, respondents could provide more than one response.



NIH National Institute on Drug Abuse

For more information about finding treatment for yourself or a loved one, visit drugabuse.gov/related-topics/treatment.