

McCaffrey Initial Pain Assessment Tool

Introduction

The McCaffrey Initial Pain Assessment Tool can be used to guide health care professionals through an initial assessment of patient pain. This tool includes diagrams of the human body to help patients locate the pain they experience as well as questions to prompt the patient to describe the intensity, quality, causes, effects, and contributing factors of the pain.

McCaffrey Initial Pain Assessment Tool

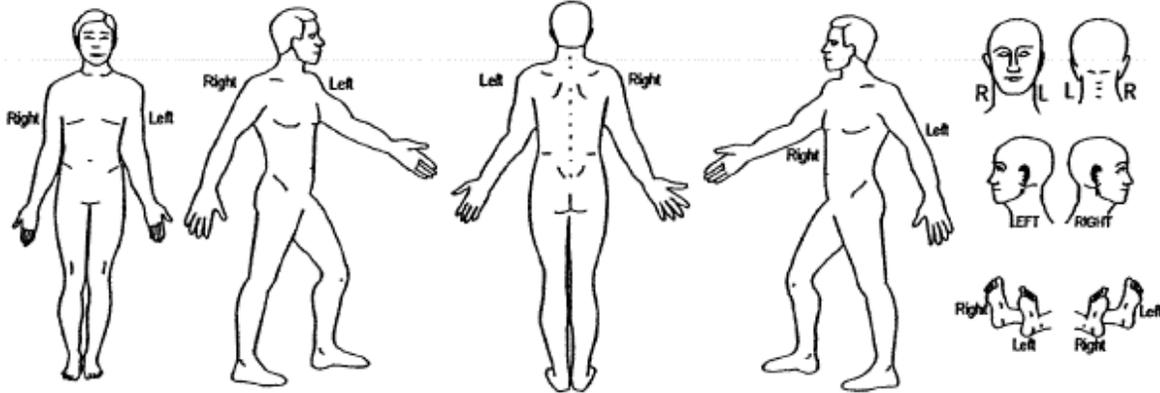
Date _____

Patient's Name _____ Age _____ Room _____

Diagnosis _____ Physician _____

Nurse _____

1. LOCATION: Patient or nurse marks drawing.



2. INTENSITY: Patient rates the pain. Scale used _____

Present: _____

Worst pain gets: _____

Best pain gets: _____

Acceptable level of pain: _____

3. QUALITY: (Use patient's own words, e.g., prick, ache, burn, throb, pull sharp) _____

4. ONSET, DURATION, VARIATIONS, RHYTHMS: _____

5. MANNER OF EXPRESSING PAIN? _____

6. WHAT RELIEVES THE PAIN? _____

7. WHAT CAUSES OR INCREASES THE PAIN? _____

8. EFFECTS OF PAIN: (Note decreased function, decreased quality of life.)

Accompanying symptoms (e.g., nausea) _____

Sleep _____

Appetite _____

Physical activity _____

Relationship with others (e.g., irritability) _____

Emotions (e.g., anger, suicidal, crying) _____

Concentration _____

Other _____

9. OTHER COMMENTS: _____

10. PLAN: _____

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