

Information

From the National Institute on Drug Abuse

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NIDA launches new tool for parents:

Family Checkup: Positive Parenting Prevents Drug Abuse

As part of National Substance Abuse Prevention Month, the National Institute on Drug Abuse (NIDA) has launched [Family Checkup](#), an online resource that equips parents with research-based skills to help keep their children drug-free.

NIDA-funded research has shown the critical role parents play in preventing their children from using drugs. *Family Checkup* poses questions for parents to consider as they interact with their children; highlighting parenting skills that are important in preventing the initiation and progression of drug use among youth. The resource incorporates video examples that show parents how-to and how-not-to emulate each skill with their own children. The tools were developed by the Child and Family Center at the University of Oregon.



For more information, contact the NIDA press office at media@nida.nih.gov or 301-443-6245.