



Name: \_\_\_\_\_

## Recording Sheet

Use this sheet to record your answers to the riddles.

Drug A

### Which Drug Am I?

You take me when you're feeling sick,  
I fix a headache or fever—quick.  
I come in all sizes and shapes,  
and in flavors bubble gum and grape.  
I come in two different forms—one from the lab and the  
other from willow tree bark.  
So when you're in pain, don't stay in the dark,  
Try me, and I guarantee that you'll feel better fast,  
I'm a painkiller that really lasts.

**The answer to this riddle is one of the words listed below.**

- Aspirin or Tylenol
- Antibiotics
- Illegal drugs
- Fluoride
- Alcohol
- Nicotine
- Immunizations
- Caffeine

Answer: Aspirin or Tylenol

Drug B

### Which Drug Am I?

When you were a baby, you got me as a shot;  
It may have hurt, but it did a lot.  
It kept away bad diseases galore  
Like polio, smallpox, and more.  
These shots are also called vaccinations.  
Some say they are one of the best creations.

**The answer to this riddle is one of the words listed below.**

- Aspirin or Tylenol
- Antibiotics
- Illegal drugs
- Fluoride
- Alcohol
- Nicotine
- Immunizations
- Caffeine

Answer: Immunizations

## Drug C

### Which Drug Am I?

These kinds of drugs are very bad for you;  
On top of that, they're illegal, too.  
Some of these drugs people smoke,  
but they're not cigarettes, no joke!  
Another kind is powdery and white,  
and people snort it—what a sight!  
These kinds of drugs make it harder to think;  
They affect your brain, which can really stink!

**The answer to this riddle is one of the words listed below.**

- Aspirin or Tylenol
- Antibiotics
- Illegal drugs
- Fluoride
- Alcohol
- Nicotine
- Immunizations
- Caffeine

## Drug D

### Which Drug Am I?

You drink me every day;  
When you turn on the tap,  
I flow down the sink every which way.  
I've made a big difference for each and every tooth;  
Cavities? No, not for this generation of youth!  
So keep this information in your mental file,  
Because I'm the secret to your white, healthy smile.

**The answer to this riddle is one of the words listed below.**

- Aspirin or Tylenol
- Antibiotics
- Illegal drugs
- Fluoride
- Alcohol
- Nicotine
- Immunizations
- Caffeine

## Drug E

### Which Drug Am I?

Whenever a germ gives you an infection  
I might be the best selection.  
I'm kind of funny, I've been told,  
Because sometimes I am made out of mold!

**The answer to this riddle is one of the words listed below.**

- Aspirin or Tylenol
- Antibiotics
- Illegal drugs
- Fluoride
- Alcohol
- Nicotine
- Immunizations
- Caffeine

## Drug F

### Which Drug Am I?

I'm a kind of drug that is in some drinks;

I, too, can make it harder to think.

I'm so strong that kids can't drink me until they're 21,

And even adults should know when enough is enough and then be done.

**The answer to this riddle is one of the words listed below.**

- Aspirin or Tylenol
- Antibiotics
- Illegal drugs
- Fluoride
- Alcohol
- Nicotine
- Immunizations
- Caffeine

Answer: Alcohol

## Drug G

### Which Drug Am I?

I am found in many things that are yummy to eat,  
Like chocolate, soda, and other treats.  
Grownups drink me in coffee and tea,  
Now my name, kids, that is the key.

**The answer to this riddle is one of the words listed below.**

- Aspirin or Tylenol
- Antibiotics
- Illegal drugs
- Fluoride
- Alcohol
- Nicotine
- Immunizations
- Caffeine

Answer: Caffeine

## Drug H

### Which Drug Am I?

I am used as an insecticide.  
In tobacco is where I hide.  
I'm not the one that makes people choke,  
But I am the biggest reason people smoke.

**The answer to this riddle is one of the words listed below.**

- Aspirin or Tylenol
- Antibiotics
- Illegal drugs
- Fluoride
- Alcohol
- Nicotine
- Immunizations
- Caffeine

Answer: Nicotine

## **Learn More About Drugs**

On the following pages are a series of riddles giving more information about what each of these substances does to the body. You might want to use these riddles during the “Discussion Questions” part of the mission.

Drug A: Aspirin or Tylenol

**What Do I Do to the Body?**

Now you know that I'm aspirin, but do you know what I do?  
If not, here is a clue.

I change the chemicals in your body, you see,  
And then pain and fever disappear for you and for me.

.....

Aspirin or Tylenol makes swelling and pain go away. Aspirin can help prevent older people from having heart attacks and strokes.

## Drug B: Immunizations

### What Do I Do to the Body?

Do you know what's in that shot?  
The germs in the illness, believe it or not!  
Those germs can also be your friends.  
Can you figure out how this story ends?  
Here is one last clue:  
Those tiny germs make your body work very hard, too.

.....

For an immunization, the germs from the illness are changed and then injected into the body, which teaches the body's own defense system to fight the disease.

Drug C: Illegal drugs

### **What Do I Do to the Body?**

Each kind of me changes the brain;  
Once the brain is changed it's never quite the same.  
Marijuana is one kind to smoke,  
And the white powder, cocaine, is also called coke.  
Cocaine can make someone feel quite high;  
But watch out, that feeling does die.  
It's not hard to go over the top;  
Then someone will find it too hard to stop.

.....

Marijuana and cocaine are two kinds of illegal drugs. Marijuana affects learning and memory. It also affects the cerebellum, the part of the brain responsible for balance and coordination. Both cocaine and marijuana turn on the pleasure center, part of the limbic system, making the body crave the substance.

Drug D: Fluoride

**What Do I Do to the Body?**

Now you know my name,  
But do you know how I earned my fame?  
I can harden your teeth and make them strong;  
Dentists love me because I keep kids away from the drill for  
so long.

.....

Fluoride hardens and repairs enamel, the covering on teeth,  
and prevents cavities from forming.

Drug E: Antibiotics

**What Do I Do to the Body?**

I'm a special type of drug;  
I fight diseases that are caused by living bugs.  
When you have strep throat and you feel really sick,  
I kill all the germs—I do the trick.  
Pretty soon, you feel okay;  
Then I've done my job, and the bacteria have gone away.

.....

Antibiotics kill the bacteria causing an infection.

Drug F: Alcohol

**What Do I Do to the Body?**

I do nothing good for the brain;  
In fact, I make thinking and studying a pain.  
A bad thing I do is kill neurons forever;  
So drinking me, it doesn't seem clever.

.....

Alcohol keeps people from thinking clearly, slows down the ability to respond to danger, makes people sleepy, and can kill neurons.

Drug G: Caffeine

### **What Do I Do to the Body?**

I make it hard for people to sleep.  
Instead, they shake, shiver, and leap.  
That's not all that I do;  
I also can make it harder to write words that are clear, fresh,  
and new.

.....

Caffeine makes people feel more awake but less able to write or draw well. It can cause headaches and even dizziness.

Drug H: Nicotine

### **What Do I Do to the Body?**

Nicotine is my name;  
Getting people hooked is my game.  
I don't mean to make people smoke forever and ever,  
But I guess I'm just oh so clever.

.....

Nicotine takes away people's appetite, speeds up the heart,  
and changes the brain so that it thinks it needs nicotine to  
work normally.