



Continuing Education Quiz for Counselors

You can earn two nationally certified continuing education (CE) hours by reading the indicated articles and completing the multiple-choice quiz below. This is an open-book exam. Complete the quiz by circling **one or more** of the multiple-choice answers. Be sure to answer all questions, since unanswered questions will be scored as incorrect. You must score at least 70 percent to earn CE hours. Please note that we must receive your quiz by August 31, 2004.

Treating Adolescents for Substance Abuse and Comorbid Psychiatric Disorders—page 18

- Adolescents with substance use disorder (SUD) are more likely than their non-using peers to have:
 - had a difficult temperament in the preschool years
 - experienced abuse or neglect and family problems
 - developed a psychiatric problem during early childhood
 - all of the above.
- Behavioral/psychosocial interventions that research has shown to be effective in treating adolescent SUD and associated problems include:
 - multidimensional family therapy
 - motivational enhancement therapy
 - community reinforcement therapy
 - none of the above.
- When using medications commonly used to treat SUD in adults, the following considerations should be kept in mind:
 - Careful monitoring will be important.
 - These medications have been tested extensively in adolescents.
 - Adolescents are likely to be more impulsive than adults.
 - Adolescents are likely to be abusing only one drug.

Targeting Nicotine Addiction in a Substance Abuse Program—page 33

- Which of the following statements are true with respect to nicotine dependence and addiction to other substances?
 - About 80 to 95 percent of people addicted to alcohol are smokers.

- Alcohol-dependent smokers are more likely to die from tobacco-related causes than from alcohol or other drugs.
 - Treatment professionals have feared that the stress of quitting smoking could jeopardize recovery from other addictions.
 - All of the above.
- The potential costs for programs that treat nicotine addiction along with other substance abuse include:
 - expenses for nicotine replacement products and monitoring equipment
 - reductions in numbers of patients completing the program
 - loss of market share through decreased referrals
 - all of the above.
 - Implementing a tobacco-free policy in a drug abuse treatment facility requires that:
 - the staff be trained in treatment for nicotine dependence
 - nicotine-dependent patients be assessed and diagnosed prior to treatment planning
 - the facility's ventilation and security systems be upgraded
 - all of the above.

Fishbowls and Candy Bars: Using Low-Cost Incentives To Increase Treatment Retention—page 55

- Low-cost incentives that have been effective in treatment programs include
 - \$1 gift certificates
 - costume jewelry
 - sweatshirts
 - all of the above.
- Behaviors that can be reinforced with low-cost incentives include
 - attendance at counseling
 - drug abstinence
 - job-seeking
 - all of the above.

- Essential components to ensure the effectiveness of incentive programs are:
 - knowledge of relevant behavioral principles
 - a large supply of costly prizes
 - immediate reward for meeting objectives
 - all of the above.

This issue of *Science & Practice Perspectives* has the following objectives for drug abuse treatment providers and researchers:

- to outline clinical guidelines for integrating treatment of adolescents with substance use disorders and comorbid psychiatric disorders;
- to explore the benefits of treating nicotine addiction among substance abuse inpatients; and
- to describe how a low-cost incentive program can be as effective as more costly voucher programs in improving treatment participation.

Please rate the following on a 1 to 5 scale:

1. To what extent did these articles accomplish the learning objectives?

Completely	Adequately	Not at All
1	2	3 4 5

2. To what extent did you learn something useful to your profession?

Completely	Adequately	Not at All
1	2	3 4 5

3. Was the information well presented?

Completely	Adequately	Not at All
1	2	3 4 5

Please print legibly, copy page, and mail with your \$25 payment to: Perspectives CE Quiz, MasiMax Resources, Ste. 175, 1375 Piccard Drive, Rockville, MD 20850. Quiz and payment must be received by August 31, 2004.

Name _____

Address _____

City _____

State _____ ZIP _____

Phone () _____

I certify that I have answered the test questions without any help.

Signed _____ Date _____

Check VISA MasterCard

Card No. _____ Expiration Date _____

Name, exactly as it appears on card

Signed _____

Make checks payable to MasiMax Resources, Inc. In about 6 weeks you will receive notification of the results and, if you score 70 percent or higher, a certificate of completion. The National Institute on Drug Abuse, publisher of *Science & Practice Perspectives*, is a NAADAC-approved provider of continuing education home study.